







NEWSLETTER

#7 JUNE 2024



Dear Reader,

As heatwaves envelops the central and northern parts of India, there's hardly anyone who doesn't crave to be in the midst of cool weather and amidst greens. Add a water body to the mix, and what you get is an unparalleled experience of existence in many still moments of calm and peace. Come along with us on a trek to Pasang Sonam Lake. For the upcoming travel seasons, we hope it will motivate you to experience nature at its purest, and it will in turn inspire you to carefully preserve and conserve earth's natural resources.

- Liyi Bagra A.P.C.S, Deputy Commissioner, Shi-Yomi District & Chairman-Destination Management Committee-Mechukha







The main trekking route starts after crossing the Yarlung Hanging Bridge. From here it is a 6km trek replete with many adventurous climbs, descends, swaying, streams to cross, narrow paths and so on as one finds the way towards the Lake. Certain stretches are crossed by holding on to a rope, and other places there are hanging bridges.







The hanging bridge, 1km before the lake is a vital link along the trekking route - a strategically significant landmark. Hardly six hundred meters before reaching the lake one can spot a water fall. The Forest Department has created resting places at certain points.





TREKKING ROUTE, PROCEDURES AND SEASON



Procedure for Trekking:

- · Obtain Special Permission from ADC Mechukha for the Lake.
- Submit photocopies of the permission to 20th BN ITBP Camp, 13th Grenadier, and Mechukha Police Station upon permission approval.
- · Prepare necessary gear like Guide/Porter, tent, sleeping bags, first aid kits, and rations before the permitted day.
- Present ID and Permission Order at two militaryguarded Check Gates:
 - a) Check Gate No.1: 13th Grenadier b) Check Gate No. 2: 20th BN ITBP
- Mechukha town is approximately 25 km away by vehicle, with trekking distance around 10 km.
- Trekking during Monsoon is not recommended due to dangerous stream crossings.
- Upon reaching Pasang Sonam Tso Lake, inform the purpose of visit at the Temporary Military Camp.

When to travel:

Summer (April to June):

Enjoy Mechukha's scenic beauty during summer with lush green landscapes and mild temperatures (20°C - 35°C). This is perfect for camping and trekking.

Monsoon (July to September):

Avoid travel during monsoon due to unpredictable weather conditions that may disrupt plans.

Winter (October to March):

Experience Mechukha's snowy charm as temperatures drop, transforming the landscape into snow-capped mountains.









FLORA ALONG THE PASANG SONAM LAKE ROUTE



Bell Rhododendron

Rhododendron Campanulatum, commonly known the Bell as Rhododendron, is an evergreen shrub native to the Himalayan region of Asia. It is characterized by its bellshaped, vibrant flowers and glossy green leaves.

Drumstick Primrose

Primula denticulata. called Drumstick Primrose, is a charming perennial known for its spherical clusters of small flowers in shades of purple, pink, and white. It's favored for its unique floral display, making it a popular choice in gardens.





Sim's Rhododendron

Rhododendron simsii, commonly known as Sim's Rhododendron, is an evergreen shrub native to southeast Asia. It is prized for its beautiful, showy flowers and attractive foliage.