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SHI YOMI DISTRICT



## NEWSLETTER

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Dear Reader,

This month, we list out exciting adventures possible in Mechukha. Adventure activities help people come in close contact with natural beauty in perfect harmony. Paraglide over peaks, cycle along the numerous winding paths and trails, navigate the rapids of the Yargyap Chu River, trek through the lush mountainside or simply camp under the stars. Take your pick, choose your spot and escape the hustle and bustle of life and enjoy what Mechukha has to offer.

Join us as we uncover the exhilarating experiences that make Mechukha an unforgettable destination.

- **Liyi Bagra** A.P.C.S, Deputy Commissioner, Shi-Yomi District & Chairman-Destination Management Committee-Mechukha

## DISCOVER THE THRILLS OF MECHUKHA: YOUR NEXT ADVENTURE AWAITS!

If you're an adventure seeker looking for your next great escape, Mechukha is calling out to you. Tucked away in the Shi Yomi district of Arunachal Pradesh, this hidden paradise offers a mix of thrilling activities against the backdrop of untouched natural beauty. Whether flying high above the valley or navigating its crystal-clear rivers, Mechukha promises unforgettable experiences. Here's your ultimate guide to the adventures waiting for you:

### Paragliding: Soar like a bird



Feel the rush of adrenalin as you glide through the skies over Mechukha's breathtaking landscape. The Adventure Park at Chupala offers an opportunity to experience incredible views of snow-capped peaks, lush forests and the winding Yargyap Chu River. First-timer or seasoned flyer, paragliding here is an adventure will be an unforgettable experience.

Cost: ₹3,000 per flight

Ideal for: Anyone looking for an unforgettable bird's-eye view of this stunning valley.

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## Cycling: Pedal through the countryside

Mechukha is great for cyclists looking to explore its winding roads and rugged trails. The Adventure Park at Chupala provides rentals for a full day of cycling through its villages, riverside paths, and dense forests. This is excellent to connect with nature, all while getting a good workout.

Cost: ₹1,000 per day (bike rental)

Perfect For: Cyclists with time at hand to explore the region at their own pace.



## ATV Biking: Off-road fun

For the adventurous ATV biking is a must-do experience in Mechukha. The Adventure Park at Chupala offers thrilling off-road trails through rocky paths and muddy tracks, perfect for testing your driving skills. It's an exhilarating way to explore the wild terrain of Mechukha.

Cost: ₹1,500 per ride

Perfect For: Those craving a fast-paced adventure



## Zipline: 'Suspense' over the Valley

For a truly unique experience, try a zipline in Mechukha. The Adventure Park at Chupala offers a thrilling 830-meter zipline that lets you soar above the valley, with incredible views of forests, rivers, and waterfalls below. It's a great way to feel the rush of speed while soaking in the scenery.

Cost: ₹1,500 per ride

Length: 830 meters

Perfect For: Those who love panoramic views.



## River Rafting: Ride the rapids

River rafting on the Yargyap Chu River is an absolute must for thrill-seekers. The Adventure Park at Chupala provides rafting services with a range of rapids suited for all experience levels. Whether navigating calmer waters or tackling exciting rapids, the views along the valley are nothing short of spectacular.

Cost: ₹6,000 per ride (up to 10 people)

Perfect For: Groups or families looking to enjoy a thrilling water adventure together.





## Horse Riding: A Glimpse into local life

For a more relaxed adventure, horse riding through Mechukha's trails offers a peaceful way to experience the region's culture and natural beauty. Horses have been part of life here for centuries, and a ride through the valley will give you a deeper connection to both its history and natural landscapes. This service is provided by 'Yargyapchu' Homestay.

Cost: Contact Yargyapchu Homestay for pricing

Perfect For: Lovers of tradition, culture and scenic rides



## Trekking: Hit the trails

Mechukha is a trekkers' paradise, with plenty of scenic routes to explore. Popular treks like the ones leading to Mechukha Laa, Pasang Sonam Tso Lake and Rinjinling offer breathtaking views and an immersive experience in nature. These trails combine adventure with the serenity of the region.

Cost: Varies by trek

Perfect For: Experienced trekkers and nature lovers looking for a challenging adventure.



## Camping: Sleep under the stars

Camping in Mechukha is a dream-come-true for nature lovers. Camp at the Adventure Park at Chupala or at the beautiful Dorjeeling Okm Resort to enjoy a peaceful night under the stars, surrounded by the natural beauty of the valley. It's the perfect place to unwind and experience the wild in its most tranquil form.

Cost: ₹600 per tent per night

Perfect For: Those looking to disconnect and experience nature up close.







## Angling at Yargyapchu River

The Yargyapchu River offers a fantastic opportunity for angling, with its crystal-clear waters and abundant trout. Whether you're an experienced angler or new to the sport, it's the perfect place to unwind and enjoy nature.

For a guided angling experience, contact any Homestay operator who will provide the required gear and take you to the best spots along the river.

## PODI-BARBI FESTIVAL: A HARVEST CELEBRATION IN MECHUKHA

On 5th December, the Ramo, Pai-Libo, and Bokar communities of Mechukha celebrate the vibrant Podi-Barbi Festival, marking the end of the harvest season.

According to legend, Podi-Barbi refers to a tiny migratory insect that chirps as it arrives during harvest time, signalling the season for planting and reaping. Since early people had no calendar, they relied on the insect's arrival as their guide for the harvest. The festival is a time to thank mother nature for a bountiful harvest and pray for prosperity in hunting. Men and women, dressed in traditional attire, come together for a day of fun, feasting, and sacrificing domestic animals, led by the local priest, called Nyubu.

After the rituals, the community shares Opong (local wine made from millet and maize), along with traditional delicacies. "Jaying" and "Bari", traditional songs, are sung by the elders, while the youth perform lively dances. Modern music and dances are also part of the celebration, blending tradition with contemporary enjoyment.

